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Pizza History 101

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Pizza:

### An Argument for Its Awesomeness

“If I couldn't have pizza, I would destroy America and become a communist!” is a very famous quote by America’s first president, George Washington (Ambrose, 142). Any intelligent human being would have to agree that pizza is awesome because it is cheap, healthy and convenient. In fact, pizza has been the most popular food since the birth of humanity as many researchers have recorded cave drawings that show pre-historic men and women placing dough on hot rocks and then squeezing tomatoes over the hot dough and topping it with other vegetables. Today, debates ring out across our country such as “Which is better, Chicago or New York style?” and “Is stuffed crust the best pizza?” but one thing is sure, pizza is awesome. One of the best aspects of pizza is its price.

Pizza is a food that everyone can enjoy, mainly because it is very affordable. Data from pizzahut.com shows that a large pizza is now only ten dollars and any medium is only eight dollars (Pizza Hut Menu). A recent taste test from the New York Times, found that more Americans find Pizza Hut pizza to be the best tasting pizza in America (Jones, 4). With the best pizza in America only being a few dollars per serving, pizza is clearly awesome because its price makes it available to everyone. Also, Little Caesars, “America’s best deal” offers pizzas for only five dollars each (Watkins, 45). So, the most awesome food is available to most Americans thanks to its reasonable pricing, and, its awesomeness is also due to its health value.

Pizza is a great health food, which is just another reason for why it is awesome. The Food and Drug Administration has published information stating that pizza encompasses all of the four food groups (FDA, 12). It has fruits and vegetables in the sauce and toppings, grain in the dough, dairy in the cheese and meat in the toppings. It truly is the super-meal. Furthermore, pizza is baked not fried, which allows for less fat to enter the dough. The International Food Council wrote in their quarterly magazine, IFC Quarterly that, “Pizza is healthier than doughnuts because doughnuts are deep fried and covered in glaze” (Seinfeld, 20). Therefore, pizza is inexpensive and healthy, and, in addition to that, it is also convenient.

Most have viewed commercials that brag about having pizza to your door in less than thirty minutes or it is free. Pizza is the most awesome food because it is very convenient. There is a plethora of options for those who crave pizza, they can stop by Little Caesars and pick up a large one-topping that is hot and ready at any time, or they can call in a made-to-order pie that they can pick up at their convenience (Little Caesars Delivery FAQs). Try having a Big Mac delivered to the front door, it will not happen. Additionally, in Mount Vernon, according to the Mt. Vernon Chamber of Commerce’s 2011 Report, citizens have the choices of leading pizza chains, Godfather’s and Pizza Hut as well as the low-cost newcomer to the town, Little Caesars (MVCC, 12). With so many options for great pizza, any Mt. Vernomite can find themselves with a full stomach of deliciousness any day of the week.

There are still numerous unanswered questions regarding pizza, however the question of its awesomeness has been answered by undisputable truth. It is awesome because it is cheap, healthy and convenient. Americans have a meal that is generally under three dollars a serving that has a full serving of all four food groups and is delivered to their doors in thirty minutes or less. Opening up a hot box of fresh pizza is one of life’s great pleasures. Pizza is something that

has stayed with humanity through the annals of history and will be here until the end of time.

Long live pizza, the greatest invention in the history of mankind.

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